# ACBS LMIC International Conference 2023

The Association of Contextual Behavior Science (ACBS) Developing Nations Committee, together with various Chapters and stakeholders, proudly presents the inaugural ACBS LMIC International Conference (ALIC), an event that aims to unite professionals, researchers, and practitioners from low-middle income countries (LMICs) in a collective effort to enhance psychological well-being and promote evidence-based interventions. This conference provides a unique platform for the exchange of ideas, collaboration, and the exploration of innovative approaches to behavior change in LMICs settings. The aim of the conference aims to bring together contextual science practitioners, researchers and leaders from LMICs to strengthen the practice of contextual sciences internationally.

Tentative highlights:
- Keynote speakers
- Workshops
- Scientific presentations
- Cultural and social activities

## ACBS
ASSOCIATION FOR CONTEXTUAL BEHAVIORAL SCIENCE

**Developing Nations Committee**

**In collaborations with:**

• Argentina Chapter • Brazil Chapter • China Chapter •
• Diversity, Equity, and Inclusion SIG • India Chapter • Malaysia Chapter •
• Mexico Chapter • Peru Chapter • South Africa Chapter •
• Türkiye Chapter • United Kingdom & Republic of Ireland Chapter •

## 24-Hours Virtual Conference

Starting at:

17 November 00:00 (Malaysia/China)
16 November 19:00 (Turkiye)
16 November 16:00 (UK)
16 November 13:00 (Brazil/Argentina)
16 November 11:00 (Peru/New York)
16 November 10:00 (Mexico)

Registration fee based on country of residence

**Tier 1 USD 50**
**Tier 2 USD 25**
**Tier 3 USD 10**

Register at

https://contextualscience.org/acbs_lmic_international_conference_2023

f @acbslamicconference

✉ acbslamicconference@gmail.com

# CONFERENCE BACKGROUND

## The Organisation

ACBS is an international community of scholars, researchers, educators, practitioners, and others who are dedicated to the alleviation of human suffering and the advancement of human well-being through research and practice grounded in contextual behavioural science. Within the community, the Developing Nations Committee (DNC) is the branch that support ACBS members in developing nations in training, clinical supervision, and research supervision. The committee also aims to introduce and develop context behavioural sciences within developing countries that are not exposed to the sciences yet. DNC also supports Chapters and Affiliates located in developing nations by acting as a liaison between them and the bigger community.

## The Organisers

The organisers of this conference consist of members of the DNC and also members from various chapters and affliates within developing countries.

## The Purpose

Two common feedback often pops up during discussion with practitioners from developing nations: the difficulties in accessing international resources due to limitations of logistics and costs; and the differences in time zone often unfavourable to developing nations. As such, this virtual conference is organised with those two feedback in mind. The conference is intentionally priced at an affordable low cost for participation. The novel experimental format of 24 hours is also choosen to provide every participants from different time zone a chance to be involve with the live-conference. Recordings of the events will also be provided to participants after the conference.

## The Fundings

Everyone involved in the organising of the conference do so on a voluntary basis. No honouranium is provided. All collected funds will be channeled to DNC training funds and also to various chapters within developing nations to support future activities within developing nations.

## The Networking

Aside from the opportunity to learn and interact from esteemed speakers, there will also be scientific activities and networking activities within the conference. The purpose of the scientific activities is to provide a low-barrier platform for researchers to share their work on an international level. As for networking opportunities, this is a chance for participants to connect with other like-minded partitioners across the world to share experiences, skills and build friendship.

# ACBS LMIC International Conference 2023

## TOPIC PRESENTATIONS
## 17 November 2023 (GMT +8)

| Time | Presentation |
|------|--------------|
| 0300-0400 | **Panel: Mujeres Apoyando Mujeres:Explorando los Desafios Actuales con Flexibilidad y Compasión  (Panel: Women Supporting Women: Exploring Today's Challenges with Flexibility and Compassion)**<br><br>Peru Chapter Board (Vanessa del Aguila, Margot Osorio, Paola Saavedra, Guilia Mendoza) |
| 0400-0500 | **El terapeuta ACT en el dolor crónico**<br><br>Maria Jose Lami |
| 0500-0600 | **All Appetitive All the Time: Convolving Breadth and Flexibility of Functional Relations**<br><br>Emily Sandoz |
| 0600-0700 | **Shaping Bravery in an Age of Anxiety: Empowering Flexible Youth to Shape Our Future**<br><br>Lisa Coyne |
| 0700-0800 | **Afrontando el Desafio : Cuando un  Paciente no te Cae Bien"**<br><br>Victor Fabris |
| 0800-0900 | **Bibliometric Analysis as a Mapping Tool for the Contextual Behaviour Science Research Landscape**<br><br>Walton Wider |
| 0900-1000 | **Un sueño Colectivo Construyendo una Comunidad Basada en Valores (A Collective Dream Building a Community Based on Values)**<br><br>Mexico chapter |
| 1000-1100 | **Incorporando la Ciencia Contextual Conductual en la Curricula Escolar (Incorporating Contextual Behavioral Science into the School Curriculum)**<br><br>Jorge Everardo Aguilar |
| 1100-1200 | **IBCT: an ACT Consistent Couples Approach**<br><br>Nathaniel Chua |

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## TOPIC PRESENTATIONS
### 17 November 2023 (GMT +8)

| Time | Presentation |
|---|---|
| 1300-1400 | **ACT for Severe Mental Disorders: Theoretical Background and Clinical Experience**<br><br>Turkiye Chapter (Sevinç Ulusoy, Denizhan Ramakan, Merve Terzioğlu, Şengül İlkay) |
| 1500-1530 | **Application of ACT on Chinese Skeleton Team to Prepare Winter Olympic Games**<br><br>Shousen Xu |
| 1530-1600 | **Self-Narrative Style and Case Conceptualisation**<br><br>Yan Zong |
| 1600-1700 | **ACT for Perinatal Health: A Two-Country Development and Cultural Adaptation Model**<br><br>Cerith Waters, Nurfarahin Musa, Nicholas Pang |
| 1730-1900 | **Is it possible to have low cost and high scale interventions for the most marginalised?**<br><br>Claudette Foley, Farahnaz Mohibi, Omid Standard, Michaele Saban-Bernaur, and Dafne Morroni. |
| 1900-2000 | **Process Based Therapy & ACT****<br><br>Steven Hayes |
| 2000-2100 | **ACT Group Therapy Experience for middle eastern LAMIC country**<br><br>Fady Safwat |
| 2100-2200 | **Training non-specialist healthcare staff in ACT based approaches in low resource setting: The Ultra Brief Psychological Intervention Course**<br><br>Wendy Shoesmith |
| 2200-2300 | **Relational Frame Theory and The Self in Therapy**<br><br>Louise McHugh |
| 2300-0000 | **Relational Approach to ACT**<br><br>Huoyuan Luo |

**Tentative topic

# ACBS LMIC International Conference 2023

## Workshops
## 17 November 2023 (GMT +8)

| Time | Workshop | Facilitator |
|---|---|---|
| 0000-0200 | Using Functional Contextualism in Your Therapy Sessions | Miranda Morris & Paulo Bozza |
| 0000-0100 | Evocar en contexto. Potenciando las intervenciones de las terapias contextuales mediante el establecimiento de un espacio evocativo. | German Teti |
| 0200-0300 | ACT in society | Michaele Terena Saban-Bernauer/ Helen Maia |
| 0200-0300 | El uso de la Psicoterapia Analítico Funcional con Víctima de Violencia con la Pareja: Una propuesta | Amanda Muñoz |
| 0300-0500 | Interlocking Behavioral Contigencies: utilizing basic CBS principles to empower your effectiveness in the context of the therapeutic relationship | Raul Vaz Manzione |
| 0300-0500 | El Hexaflex desde el Análisis de la Conducta Clínica. Una introducción. | Daniel Granados |
| 0500-0600 | Presentación 1"Reflexiones sobre la relación terapéutica desde una mirada contextual" (formado en TCC y en ACT)<br><br>Presentación 2 "La rumia como primera respuesta en patrones inflexibles establecidos" (Maestría en Terapias Contextuales)<br><br>Presentacion 3 "Desarrollo de la comunidad de terapeutas contextuales en Bolivia" (MSc Sports and Exercise Psychology, entrenado en TCC y ACT) | Bolivia Affiliate |
| 0500-0600 | Estrategias para tratar el Trauma por Abuso Sexual | Carolina Fernández |
| 0600-0700 | ACT en Adicciones (ACT in Adictions) | Ivan Lizarraga |
| 0800-0900 | Promoviendo la Conexión y Flexibilidad en el Terapeuta (Promoting Connection and Flexibility in the Therapist) | Grupo Portland de Perú Chapter |
| 1930-2130 | Finding Meaning in Pain: The Role of Values in Therapy | Farah Gulamoydeen |
| 2100-2300 | "The Ecological Self: Embodying 'Self as Context' to Effectively Address the Multiple Global Crises of the Unraveling Socio-Economic World Order." ("El yo ecológico: encarnar el 'yo como contexto' para abordar eficazmente las múltiples crisis globales del orden mundial socioeconómico que se deshace".) | Margot Osorio & Martin Willis |

# ACBS LMIC International Conference 2023

## Time Conversion Table

All listed events are based on GMT+8 timezone.
Please use this chart to convert into your timezone.

| Malaysia/ China (GMT+8) | Turkiye (GMT+3) | UK (GMT) | Brazil/ Argentina (GMT-3) | New York/Peru (GMT-5) | Mexico (GMT-6) |
|---|---|---|---|---|---|
| 0000 (17 Nov) | 1900 (16 Nov) | 1600 (16 Nov) | 1300 (16 Nov) | 1100 (16 Nov) | 1000 (16 Nov) |
| 0100 | 2000 | 1700 | 1400 | 1200 | 1100 |
| 0200 | 2100 | 1800 | 1500 | 1300 | 1200 |
| 0300 | 2200 | 1900 | 1600 | 1400 | 1300 |
| 0400 | 2300 | 2000 | 1700 | 1500 | 1400 |
| 0500 | 0000 (17 Nov) | 2100 | 1800 | 1600 | 1500 |
| 0600 | 0100 | 2200 | 1900 | 1700 | 1600 |
| 0700 | 0200 | 2300 | 2000 | 1800 | 1700 |
| 0800 | 0300 | 0000 (17 Nov) | 2100 | 1900 | 1800 |
| 0900 | 0400 | 0100 | 2200 | 2000 | 1900 |
| 1000 | 0500 | 0200 | 2300 | 2100 | 2000 |
| 1100 | 0600 | 0300 | 0000 (17 Nov) | 2200 | 2100 |
| 1200 | 0700 | 0400 | 0100 | 2300 | 2200 |
| 1300 | 0800 | 0500 | 0200 | 0000 (17 Nov) | 2300 |
| 1400 | 0900 | 0600 | 0300 | 0100 | 0000 (17 Nov) |
| 1500 | 1000 | 0700 | 0400 | 0200 | 0100 |
| 1600 | 1100 | 0800 | 0500 | 0300 | 0200 |
| 1700 | 1200 | 0900 | 0600 | 0400 | 0300 |
| 1800 | 1300 | 1000 | 0700 | 0500 | 0400 |
| 1900 | 1400 | 1100 | 0800 | 0600 | 0500 |
| 2000 | 1500 | 1200 | 0900 | 0700 | 0600 |
| 2100 | 1600 | 1300 | 1000 | 0800 | 0700 |
| 2200 | 1700 | 1400 | 1100 | 0900 | 0800 |
| 2300 | 1800 | 1500 | 1200 | 1000 | 0900 |

## Scientific Oral and Poster Submissions

The scientific submission is open to any contextual science behaviour topic that is applicable within a developing nation context.

1.The abstract submission for all presentations will be open from 1 August 2023 until 1 November 2023.

2. The Scientific Committee will determine whether the abstract can be accepted for presentation, taking into consideration the author's choice of presentation preference.

3. The abstracts must be in English. Authors must use the correct forms to submit the abstract for either individual oral or poster presentation.

4. Authors must submit their abstract to acbslamicconference@gmail.com. Abstracts received after the deadline will not be considered for presentation.

5. Authors must complete registration for the conference before being allowed to present their accepted abstracts.

6. Before submitting the abstract, the presenting author must ensure that all co-authors are aware of the content of the abstract and agree to its submission. Authors can submit more than one abstract. Please do not submit multiple copies of the same abstract.

7. Authors will receive an abstract reference number via email after they have submitted their abstract.

8. Please refer to the abstract number in all correspondence regarding the abstract.

9. Please contact the secretariat at acbslamicconference@gmail.com if you have not received any confirmation regarding your submission or for queries

ORAL PRESENTATION
Each speaker will be allocated no more than 10 minutes of presentation on the selected topic.

POSTER PRESENTATION
The secretariat will provide the poster details once the scientific committee has selected posters for presentation.

ABSTRACT GUIDELINES
1. Authors' abstract(s) must be in readable English and follow the international scientific writing IMRAD method. Use Arial with size 12 fonts and 1.15 spacing.

2. Author(s) must clearly state the title, author(s), and institution. The detail of the authors' department is optional.

3. Title: must be concise, informative and without acronyms.

4. Each submission must have information regarding the presenting and corresponding author and their email contact.

5. Abstract: A maximum of 300 words and must include:

Objective: the purpose of the study or research question; Methods: study design, sample selection, setting, subjects, interventions(s) if any and main outcome measure(s); Results: main findings (giving their statistical significance, if possible); and Conclusions.

6. Keywords: Author(s) should provide 3-5 keywords for each abstract.

7. The abstract submitter must preview the abstract and confirm that all information is correct. The content of the abstract cannot be modified or corrected after the submission.

8. Corresponding author: Please indicate the corresponding author. The scientific committee will communicate directly with the individual regarding the status of their abstract submission.

9. In case of an emergency and the presenters cannot attend the conference, the author must arrange for another individual to present the oral/poster presentation. In such instances, duly inform the conference organisers.

# ACBS LMIC International Conference 2023

## Organising Committee

**General Chairperson**  Eugene Koh Boon Yau

**Documentation Chairperson**  Jacob Martinez

**Finance Chairperson**  Lim Sue-Anne

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- Fiqa Abdul Fata

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- Vanessa del Aguila
- Kaasım Fatih Yavuz
- Emrah Karadere
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**Conference Manager**
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**Committee Members**
- Cherly Malek
- Daniel Granados
- Paulo Bozza
- Carolina Fernández
- Alan Pogrebinschi
- Monica Valentim
- Fang shuanghu
- Zong Yan
- Zhang Qi
- Margot Osorio
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